

Guttides (BPC-157 + KPV) CAPSULES

Guttides are an oral peptide supplement that combines two peptides: BPC-157 and KPV. BPC-157 is a peptide known for its healing properties, particularly in the digestive tract. BPC-157 is derived from a protein found in stomach acid and has been shown to support gut health, protect against ulcers, and improve recovery from soft tissue injuries. Complementing BPC-157 is KPV, a tripeptide consisting of Lysine, Proline, and Valine. KPV is recognized for its ability to reduce inflammation and support the immune system. It has demonstrated benefits in skin health, wound healing, and even shows promise in alleviating symptoms of inflammatory bowel diseases. The combination of these two peptides aims to address inflammation, support gut health, and promote tissue repair, providing a dual-action approach for overall wellness.

HOW IT WORKS / MECHANISM OF ACTION

BPC-157 promotes healing through angiogenesis (formation of new blood vessels) and epithelialization (growth of new mucosal cells), which are vital for the repair of damaged tissues, especially in the gastrointestinal (GI) tract. By reducing inflammation and stimulating blood vessel formation, BPC-157 accelerates tissue healing.

KPV reduces inflammation by inhibiting pro-inflammatory signaling pathways like NF- κ B and MAP kinase. It interacts with immune and epithelial cells via the hPepT1 transporter, reducing the levels of pro-inflammatory cytokines and promoting mucosal healing, making it particularly useful for treating conditions like ulcerative colitis and other inflammatory gut issues.

BENEFITS

- 1. Gut Health:** Guttides significantly improve gut health by promoting healing and reducing inflammation in conditions such as gastric reflux, inflammatory bowel disease (IBD), ulcerative colitis, and leaky gut. It helps restore the integrity of the GI tract, enhancing mucosal healing.
- 2. Joint and Inflammation Relief:** The combination reduces inflammation throughout the body, providing relief from joint pain, making daily activities more comfortable, and enhancing the quality of life for those with chronic inflammatory conditions.
- 3. Soft Tissue Recovery:** Guttides supports faster and more effective recovery from soft tissue injuries, promoting healing and reducing recovery time between workouts, making it ideal for athletes and physically active individuals.
- 4. Autoimmune and Nerve Support:** KPV is effective in stabilizing mast cells, reducing excessive activation that leads to inflammation, making it beneficial for autoimmune conditions such as Mast Cell Activation Syndrome (MCAS). It also aids in nerve regeneration, contributing to improved overall health.
- 5. Enhanced Immunity:** Both peptides work synergistically to reduce inflammation and modulate immune responses, which can help protect against autoimmune flare-ups and chronic conditions involving the immune system.

HELPS WITH

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| • Gastric ulcers | • Joint pain | • Immune system support |
| • Leaky gut | • Arthritis | • Eczema |
| • Crohn's disease | • Chronic inflammation | • Psoriasis |
| • Ulcerative colitis | • Soft tissue damage | • Skin wounds |
| • Acid reflux | • Muscle recovery | • Dermatitis |
| • Inflammatory bowel disease (IBD) | • Ligament injuries | • Allergic reactions |
| • Gut inflammation | • Tendon repair | • Fatigue due to chronic inflammation |
| • Autoimmune flare-ups | • Nerve damage | • Immune modulation |
| • Mast Cell Activation Syndrome (MCAS) | • Chronic pain | • Stress-induced gut issues |
| | • Post-surgery recovery | |

CONTRAINDICATIONS

- Pregnancy and Breastfeeding:** The safety of Guttides has not been established for pregnant or breastfeeding women, and its use is contraindicated in these populations without medical advice.
- Allergy to Peptide Components:** Anyone with known allergies to the components of BPC-157 or KPV should avoid this product.

HOW TO USE GUTTIDES:

The recommended dosage is **one capsule per day**.

Each Guttide capsule contains 500mcg of BPC-157 and 500mcg of KPV.

Potential Side Effects

- **Mild Gastrointestinal Upset:** Some individuals may experience nausea or gastrointestinal discomfort when starting Guttides, which is typically mild and transient.
- **Headache or Dizziness:** Occasionally, users report headaches or dizziness, particularly during the early stages of supplementation.
- **Increased Appetite:** KPV, due to its interaction with the immune system, may lead to increased appetite, although this effect varies among users.

Tips to Reduce Side Effects

1. **Take with Food:** Taking Guttides with meals can help minimize gastrointestinal discomfort.
2. **Stay Hydrated:** Proper hydration is important to reduce symptoms like dizziness and to support the overall effectiveness of the peptides.
3. **Monitor Your Body's Response:** Pay attention to how your body reacts during the initial weeks and adjust as needed.

EXPECTED EFFECTS AND TIMELINE OF BENEFITS

- **1-2 Weeks:** Initial improvements in digestive comfort, with reduction in symptoms such as gastric reflux or bloating. Users may also experience mild improvements in joint pain and overall energy levels.
- **4-6 Weeks:** Significant improvements in gut health, including reduction in symptoms of IBD and leaky gut. Soft tissue recovery and reduction in inflammation become noticeable during this time.
- **8-12 Weeks:** Full benefits of improved gut health, reduced inflammation, and enhanced recovery from soft tissue injuries become evident. Users may also notice enhanced skin health due to better inflammation management.
- **Long-Term:** Continuous use of Guttides can provide sustained relief from chronic inflammatory conditions, improved immunity, and ongoing gut health benefits, contributing to enhanced overall well-being.

PRICE:

\$200/bottle

1 bottle = 30 capsules