

1-MNA ORAL PEPTIDES

1-MNA is an oral supplement that supports overall health by boosting vascular function, reducing inflammation, and enhancing energy metabolism. Derived from Vitamin B3 (niacin), 1-MNA is a naturally occurring compound in the body that promotes healthy blood vessel function, aids in the repair of damaged tissues, and supports longevity. It has demonstrated powerful anti-inflammatory and antioxidant properties, making it a versatile addition to health optimization routines.

HOW IT WORKS / MECHANISM OF ACTION

1-MNA works by improving endothelial function, which is critical for maintaining healthy blood flow and vascular health. It enhances the production of prostacyclin, a molecule that dilates blood vessels, prevents blood clot formation, and protects against atherosclerosis. Additionally, 1-MNA exhibits potent anti-inflammatory effects by reducing the activity of pro-inflammatory pathways and oxidative stress. These mechanisms help combat cellular aging and support cardiovascular and metabolic health.

BENEFITS

- **Vascular Health:** Enhances blood flow and promotes healthy blood vessel function, reducing the risk of cardiovascular disease.
- **Anti-Inflammatory Support:** Reduces systemic inflammation, helping with conditions like arthritis, metabolic disorders, and chronic inflammation.
- **Cellular Repair & Longevity:** Protects cells from oxidative stress and supports DNA repair, promoting anti-aging effects and overall vitality.
- **Metabolic Function:** Improves energy metabolism and fat oxidation, supporting weight management and sustained energy.
- **Immune Modulation:** Strengthens immune responses by reducing inflammation and supporting cellular repair.

HELPS WITH

- Cardiovascular health
- Endothelial function
- Circulation improvement
- Metabolic disorders
- Chronic inflammation
- Oxidative stress
- Cellular repair
- Anti-aging
- Weight management
- Energy levels
- Immune system support
- Recovery from injury
- Vascular protection

CONTRAINDICATIONS

- **Pregnancy and Breastfeeding:** The safety of 1-MNA during pregnancy or breastfeeding has not been established.
- **Known Allergies:** Individuals allergic to components of 1-MNA should avoid use.
- **Blood-Thinning Medications:** Consult a healthcare provider if you are on blood thinners, as 1-MNA influences vascular function.

HOW TO USE:

The recommended dosage is one capsule per day, with food.
30 capsules / bottle, 30 day supply.

POTENTIAL SIDE EFFECTS

- **Mild Headaches:** Some users may experience mild headaches during the initial phase.
- **Gastrointestinal Discomfort:** Occasional reports of nausea or stomach upset, typically transient.
- **Flushing:** Similar to niacin, mild skin flushing may occur in some individuals.

TIPS TO REDUCE SIDE EFFECTS

- **Take with Food:** Reduces gastrointestinal discomfort and supports better absorption.
- **Stay Hydrated:** Helps minimize headaches or flushing symptoms.
- **Start Gradually:** If experiencing side effects, consider taking 1 capsule every other day for the first week.

EXPECTED EFFECTS

- 1-2 Weeks: Improved energy levels and slight reduction in inflammation or discomfort.
- 4-6 Weeks: Noticeable improvements in vascular health, reduced oxidative stress, and better recovery from physical exertion.
- 8-12 Weeks: Enhanced endurance, sustained energy, and visible anti-aging benefits such as improved skin and overall vitality.