

“ZZZ Sleep Spray” DSIP + Pinealon (10mg/10mg) NASAL SPRAY

Say goodbye to sleepless nights and brain fog with ZZZ Spray, a powerful combination of DSIP (Delta Sleep-Inducing Peptide) and Pinealon. Designed to improve sleep quality, cognitive performance, and emotional balance, ZZZ Spray is your ultimate ally in achieving restorative rest and enhanced mental clarity. Perfect for anyone struggling with stress, sleep disturbances, or cognitive fatigue, this innovative nasal spray helps you wake up refreshed, focused, and ready to conquer your day.

HOW IT WORKS / MECHANISM OF ACTION

DSIP works by regulating sleep cycles and improving circadian rhythm. It promotes deeper, more restorative sleep by modulating the release of melatonin and reducing stress-related excitatory signals in the brain. DSIP also supports emotional balance by reducing cortisol, the primary stress hormone. **Pinealon** acts as a neuropeptide that enhances brain function by stimulating synaptic activity and protecting neurons from oxidative stress. It works at the cellular level to improve memory, focus, and learning capacity while reducing cognitive fatigue. Pinealon enhances the activity of neurotransmitters essential for attention, problem-solving, and long-term memory retention. Together, these peptides improve sleep quality and mental performance, helping users wake up refreshed and perform at their best during the day.

BENEFITS

- **Improved Sleep Quality:** Promotes deeper, more restful sleep cycles, allowing the body and brain to recover effectively.
- **Enhanced Cognitive Function:** Supports memory, focus, and learning by stimulating neural pathways and protecting brain cells.
- **Reduced Stress and Cortisol Levels:** Balances stress hormones for improved emotional stability and reduced anxiety.
- **Increased Energy:** Restorative sleep and enhanced brain function lead to higher energy levels throughout the day.
- **Neuroprotection:** Protects brain cells from oxidative stress and inflammation, supporting long-term mental clarity and resilience.
- **Stress Resilience:** Helps the body adapt to stressors more effectively, reducing the impact of daily challenges on mental and physical health.
- **Mood Stabilization:** Promotes emotional balance by reducing irritability and enhancing overall well-being.

HELPS WITH

- Sleep disturbances
- Cognitive fatigue
- Anxiety and stress
- Memory loss
- Poor focus and concentration
- Emotional instability
- Chronic fatigue
- Oxidative stress in the brain
- Poor focus and concentration
- Insomnia
- Mood swings
- Cognitive decline

EXPECTED EFFECTS AND TIMELINE OF BENEFITS

- **1-2 Weeks:** Noticeable improvements in sleep quality and a sense of calmness. Users may feel more rested and less anxious.
- **4-6 Weeks:** Enhanced focus, memory retention, and energy levels become apparent. Emotional balance and reduced stress are commonly reported.
- **8-12 Weeks:** Long-term benefits include consistent restorative sleep, improved cognitive function, and enhanced emotional resilience. Brain health and overall vitality continue to improve.
- **Long-Term:** Sustained use under medical supervision promotes better sleep patterns, mental clarity, and stress management, with ongoing neuroprotective effects.

CONTRAINDICATIONS

- **Active Cancer:** Individuals with active cancer should avoid this combination.
- **Pregnant or Breastfeeding Women:** The safety of DSIP and Pinealon during pregnancy or breastfeeding has not been established.

INSTRUCTIONS

HOW TO USE

1. Shake the bottle gently before use.
2. Remove cap and hold the bottle upright.
3. Insert the nozzle into one nostril, close the other nostril, and press down on the pump to spray.
4. Administer **1-2 sprays** per nostril.
5. Breathe gently through the nostril after each spray to ensure absorption.
6. Wipe the nozzle after use and replace the cap.
7. Store in the fridge until next use.

POTENTIAL SIDE EFFECTS

- **Nasal Irritation:** Some users may experience temporary dryness or mild irritation in the nasal passages.
- **Mild Flu-like Symptoms:** Headache, fatigue, or nausea may occur, particularly during the initial phase.

TIPS TO REDUCE SIDE EFFECTS

- **Start with a Lower Dose:** Begin with a lower dose and gradually increase to minimize the risk of side effects.
- **Maintain Nasal Hydration:** Use a saline spray or nasal moisturizer to reduce irritation.
- **Take Before Bedtime:** Administering the spray before sleep aligns with the body's natural cycles enhancing effectiveness and minimizing side effects.
- **Consult a Healthcare Provider:** Regular monitoring ensures safe and effective use. Adjust dosage as needed based on medical guidance.

DOSING:

1-2 sprays per nostril.

0.8 mg **DSIP** per spray

0.8 mg **Pinealon** per spray

FREQUENCY:

5 days weekly.

TIMING:

Administer in the evening before bedtime to optimize sleep and cognitive benefits.

RECOMMENDED CYCLES:

3 months on (+), 1 month off (-).

3 cycles per year.

BOTTLE DETAILS

\$300

10 mg **DSIP**

10 mg **Pinealon**

15 mL per bottle

Bottle lasts about 4 weeks.

STORAGE AND SHELF LIFE

Store in the refrigerator when not in use.

Shelf life: 3 months when refrigerated, 1 year when frozen.