

# EXTENSION HEALTH

## LAB TESTING MENU

### CORE Longevity Panel.....\$500

Blood Test (consultation included to review results)

- CBC w/ differential and Platelets (all)
- Comprehensive Metabolic Panel
- Estradiol
- FSH
- DHEA-S
- LH
- Dihydrotestosterone
- Apo B
- Homocysteine
- Lp(a)
- Hemoglobin A1c
- Free T3
- Free T4
- TSH
- Anti-TPO
- Reverse T3
- Anti-TG
- Human IGF-1
- Cystatin C
- Ferritin
- Testosterone, Free [Incl. Total, Albumin, SHBG]
- Lipids

### Heavy Metals Test.....\$600

Blood Test

- Aluminum
- Antimony
- Arsenic
- Barium
- Beryllium
- Bismuth
- Cadmium
- Cesium
- Gadolinium
- Lead
- Mercury
- Nickel
- Palladium
- Platinum
- Tellurium
- Thallium
- Thorium
- Tungsten
- Uranium
- Tin

### Gut Zoomer.....\$900

At-Home Stool Test

- Gut Commensals
- Gut Pathogens
- Gut Inflammation & Metabolites

*The Gut Zoomer assesses bacteria, yeast, viruses, and parasites in the gut microbiome, alongside relevant digestive and inflammatory markers, providing the most comprehensive digestive health test on the market. If you're experiencing any of the common symptoms of leaky gut, microbiome imbalance, GI disorders, or abnormal digestion, you may benefit from this panel. Ask our team for the complete list of key markers!*

### Autoimmune Zoomer.....\$650

Blood Test

*A comprehensive panel designed to detect and monitor autoimmune conditions by measuring specific autoantibodies and antigens. Understand whether your chronic symptoms are linked to autoimmune diseases like multiple sclerosis, celiac disease, rheumatoid arthritis, or lupus. Ask our team for the complete list of key markers!*

### PFAS Chemical Test.....\$600

Urine Test

- 2,3,3,3-tetrafluoro-2-(heptafluoropropoxy) propanoate (GenX/HPFO-DA)
- 9-chlorohexadecafluoro-3-oxanonane-1-sulfonate (9Cl-PF3ONS)
- Dodecafluoro-3H-4,8-dioxanoate (NaDONA)
- Perfluoro-1-[1,2,3,4-13C4] octanesulfonic acid (MPFOS)
- Perfluoro-1-heptane sulfonic acid (PFHpS)
- Perfluoro-[1,2-13C2] octanoic acid (M2PFOA)
- Perfluoro-n-[1,2-13C2] decanoic acid (MPFDA)
- Perfluoro-n-[1,2-13C2] hexanoic acid (MPFHxA)
- Perfluorobutanoic acid (PFBA)
- Perfluorodecanoic acid (PFDeA)
- Perfluorododecanoic acid (PFDoA)
- Perfluoroheptanoic acid (PFHpA)
- Perfluorohexane Sulfonic Acid (PFHxS)
- Perfluorohexanoic acid (PFHxA)
- Perfluorononanoic acid (PFNA)
- Perfluorooctane sulfonic acid (PFOS)
- Perfluorooctanoic acid (PFOA)
- Perfluoropentanoic acid (PFPeA)
- Perfluorotetradecanoic acid (PFTeDA)
- Perfluorotridecanoic acid (PFTrDA)
- Perfluoroundecanoic acid (PFUnA)

# EXTENSION HEALTH

## LAB TESTING MENU

### **Mycotoxins Test.....\$800**

Urine Test

#### Aflatoxins

- Aflatoxin B1
- Aflatoxin B2
- Aflatoxin G1
- Aflatoxin G2
- Aflatoxin M1

#### Tricothecenes

- Deoxynivalenol
- Diacetoxyscirpenol
- Nivalenol
- Roridin A
- Roridin E
- Roridin L2
- Satratoxin G
- Satratoxin H
- T-2 Toxin
- Verrucarin A
- Verrucarin J

#### Other MYCOTOXINS TEST

- Chaetoglobosin A
- Citrinin
- Dihydrocitrinone
- Enniatin B1
- Fumonisin B1
- Fumonisin B2
- Fumonisin B3
- Gliotoxin
- Mycophenolic Acid
- Ochratoxin A
- Patulin
- Sterigmatocystin
- Zearalenone

### **Environmental Toxins .....\$650**

Urine Test

#### Organochlorine pesticides

- 2,4-Dichlorophenoxyacetic Acid (2,4-D)
- Atrazine
- Atrazine mercapturate
- DDA
- Diethyl phosphate (DEP)
- Diethyl thiophosphate (DETP)
- Diethyldithiophosphate (DEDTP)
- Dimethyl phosphate (DMP)
- Dimethyl thiophosphate (DMTP)
- Dimethyldithiophosphate (DMDTP)
- Perchlorate

#### Alkylphenol

- 4-Nonylphenol
- Bisphenol A (BPA)
- Triclosan

#### Volatile Organic Compounds (VOCs)

- 2-Hydroxyisobutyric Acid(2HIB)
- 2-Methylhippuric Acid(2MHA)
- 3-Methylhippuric Acid(3MHA)
- 4-Methylhippuric Acid(4MHA)
- N-acetyl phenyl cysteine (NAP)
- Phenyl glyoxylic Acid(PGO)

#### Other pesticides/herbicides

- 3-Phenoxybenzoic Acid(3PBA)
- Glyphosate

#### Plasticizers/ Preservatives

- mono-(2-ethyl-5-hydroxyhexyl) phthalate (MEHHP)
- mono-(2-ethyl-5-oxohexyl) phthalate (MEOHP)
- mono-2-ethylhexylphthalate (MEHP)
- Monoethyl Phthalate (MEP)

#### Parabens

- Butylparaben
- Ethyl paraben
- Methylparaben
- Propylparaben

#### Acrylic Metabolites

- N-Acetyl (2-Cyanoethyl) Cysteine (NACE)
- N-acetyl-S-(2-carbamoylethyl)-cysteine (NAE)

#### Other Metabolites

- 2-HydroxyethylMercapturic Acid (HEMA)
- Diphenyl Phosphate
- N-Acetyl (2, Hydroxypropyl) Cysteine (NAHP)
- N-Acetyl (3,4-Dihydroxybutyl) Cysteine (NADB)
- N-Acetyl Propyl Cysteine (NAPR)
- Tiglylglycine (TG)

# EXTENSION HEALTH

## LAB TESTING MENU

**Micronutrient Test** .....\$800

Urine Test

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### Serum

- Arginine
- Asparagine
- Calcium
- Carnitine
- Choline
- Chromium
- Citrulline
- Copper
- CoQ10
- Cysteine
- Folate
- Glutamine
- Glutathione
- Inositol
- Iron
- Isoleucine
- Leucine
- Magnesium
- Manganese
- Methylmalonic acid (MMA)
- Potassium
- Selenium
- Serine
- Sodium
- Valine
- Vitamin A
- Vitamin B1
- Vitamin B12
- Vitamin B2
- Vitamin B3
- Vitamin B5
- Vitamin B6
- Vitamin C
- Vitamin D,25-OH
- Vitamin D3
- Vitamin E
- Vitamin K1
- Vitamin K2
- Zinc

### White Blood Cell

- Asparagine
- Calcium
- Carnitine
- Choline
- Copper
- CoQ10
- Cysteine
- Glutamine
- Glutathione
- Inositol
- Manganese
- Selenium
- Vitamin A
- Vitamin B1
- Vitamin B2
- Vitamin B3
- Vitamin B5
- Vitamin B6
- Vitamin C
- Vitamin D,25-OH
- Vitamin D3
- Vitamin E
- Vitamin K1
- Vitamin K2
- Zinc

### Red Blood Cell

- Folate
- Iron
- Magnesium
- Omega Fatty Acids