

## CJC + IPAMORELIN (5mg/5mg/5mL) INJECTABLE PEPTIDE

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CJC + Ipamorelin is a powerful combination of peptides designed to naturally boost your body's growth hormone levels. Growth hormone plays a key role in helping you feel more energized, recover faster, build muscle, burn fat, and improve your overall health. Whether you're looking to address signs of aging, enhance your fitness, or simply feel more energized and active, this peptide duo supports your goals by promoting better sleep, faster recovery, and improved metabolism.

### HOW IT WORKS / MECHANISM OF ACTION

CJC-1295 is a growth hormone-releasing hormone (GHRH) analog that stimulates the pituitary gland to release growth hormone in a controlled, sustained manner. By extending the half-life of GHRH, CJC-1295 ensures a prolonged and rhythmic elevation of growth hormone levels in the body. Ipamorelin, a growth hormone secretagogue, complements CJC-1295 by directly signaling the pituitary gland to trigger a sharp yet targeted growth hormone release. Unlike some other peptides, Ipamorelin specifically activates growth hormone without significantly impacting cortisol or other stress hormones.

Together, these peptides mimic the body's natural growth hormone cycles, delivering a balanced boost that enhances muscle growth, fat metabolism, tissue repair, and overall cellular regeneration. This synergy supports a range of health benefits, from anti-aging effects to improved physical performance and recovery.

### BENEFITS

- **Enhanced Muscle Growth and Recovery**  
The combined action of CJC-1295 and Ipamorelin significantly boosts growth hormone production, leading to increased muscle growth and faster recovery, making it ideal for athletes and those seeking to build lean muscle mass.
- **Fat Loss and Improved Metabolism**  
The peptides enhance metabolism, promoting fat reduction, particularly in stubborn areas. This effect helps improve body composition and supports weight loss goals.
- **Improved Sleep Quality**  
CJC-1295/Ipamorelin promotes deeper, more restorative sleep, which is crucial for effective recovery and overall well-being.
- **Anti-Aging and Longevity**  
By increasing growth hormone levels, this combination supports cell regeneration and reduces visible signs of aging such as wrinkles and loose skin, enhancing overall skin health and longevity.
- **Tissue Repair and Recovery from Injury**  
The combination supports faster healing of muscles, tendons, and ligaments, making it useful for individuals recovering from injuries or intense physical activity.

### CONTRAINDICATIONS

- **Active Cancer:** As CJC-1295 and Ipamorelin stimulate growth hormone production, individuals with active cancer should avoid these peptides.
- **Pregnant or Breastfeeding Women:** The safety of CJC-1295 and Ipamorelin during pregnancy or breastfeeding has not been established, and thus they should not be used by these populations.

### HELPS WITH

- **Anti-Aging and Longevity:** This combination is ideal for individuals seeking anti-aging effects, such as improved skin elasticity, enhanced sleep, and overall rejuvenation.
- **Muscle Building and Fat Loss:** Those looking to increase muscle mass while reducing body fat will benefit from the synergistic effects of elevated growth hormone and IGF-1.
- **Athletic Performance and Recovery:** Athletes and fitness enthusiasts can use these peptides to improve muscle recovery, reduce inflammation, and enhance overall physical performance.
- **Growth Hormone Deficiency:** Individuals with GH deficiency can use CJC-1295 and Ipamorelin to improve metabolic functions, boost energy levels, and increase muscle mass.

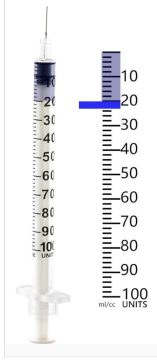
### EXPECTED EFFECTS AND TIMELINE OF BENEFITS

- **1-2 Weeks:** Initial improvements in sleep quality and energy levels are often noted, as growth hormone begins to influence circadian rhythms.
- **4-6 Weeks:** Users typically experience increased muscle definition, fat loss, and better recovery from physical activity. Anecdotal evidence suggests that within this time frame, significant changes in body composition become apparent.
- **8-12 Weeks:** Long-term benefits, such as enhanced muscle mass, reduced visceral fat, improved skin elasticity, and overall anti-aging effects, become more prominent. A consistent increase in vitality and well-being is also reported.
- **Long-Term:** Continuous use under medical supervision can lead to sustained improvements in physical health, hormonal balance, and metabolic functions, which contributes to better body composition and aging outcomes.

STANDARD DOSING INSTRUCTIONS

**DOSING:**

0.2 mg = 20 units per injection.



**INJECTIONS PER WEEK:**

5 injections weekly.

**VIAL DETAILS:**

Contains 5mg CJC, 5mg Ipamorelin, and 5mL bacteriostatic water.

Concentration: 1mg/1mg/mL

Duration: ~5 weeks (25 doses)

**RECOMMENDED CYCLE:**

3 months on (+), 1 month off (-).

3 cycles per year.

**INJECTION SITE:**

Administer injections into subcutaneous fat (such as the stomach, thigh, or arm).

**TIME OF DAY:**

CJC/Ipamorelin is typically injected in the evening or before bedtime, ideally 2 hours after your last meal.

This aligns with the body's natural peak in growth hormone release during sleep, enhancing effectiveness.

WEEKLY PROTOCOL

SUN	MON	TUES	WEDS	THURS	FRI	SAT
	<input type="checkbox"/> 20 units	<input type="checkbox"/> 20 units	<input type="checkbox"/> 20 units	<input type="checkbox"/> 20 units	<input type="checkbox"/> 20 units	

5 injections weekly.

MONTHLY PROTOCOL

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
CJC/ Ipamorelin	+	+	+	-	+	+	+	-	+	+	+	-
	CYCLE 1				CYCLE 2				CYCLE 3			

3 months on (+), 1 month off (-).

3 cycles per year.

POTENTIAL SIDE EFFECTS

- Injection Site Reactions:** Common side effects include redness, swelling, or mild discomfort at the injection site, which typically resolve on their own.
- Mild Flu-Like Symptoms:** Some users report fatigue, headache, or nausea, particularly during initial use.
- Increased Hunger and Appetite Changes:** Ipamorelin, due to its ghrelin-mimicking action, can lead to increased appetite.

Please contact us if you experience any of the following:

- Fever of 100.4°F (38°C) or higher
- Blistering at the injection site
- Muscle aches, nausea, dizziness, or headache
- Skin rash, severe itching, vomiting, or hives

If you have any questions, please message your healthcare provider through the patient portal or contact us at 646-596-7386.

TIPS TO REDUCE SIDE EFFECTS

- Start with a Lower Dose:** Gradually increase the dose to minimize the risk of side effects.
- Rotate Injection Sites:** This helps prevent irritation and reduces the risk of injection site reactions.
- Take Before Bedtime:** Administering the injection before sleep can help align with the body's natural growth hormone release and potentially reduce unwanted side effects.
- Consult a Healthcare Provider Regularly:** Professional guidance ensures proper dosage adjustments and monitoring of any adverse reactions, which is crucial for safe and effective use.